



Datele de contact sunt contra cost. Detalii aici: <https://www.rabota.md/ro/prices/cv>

👤 42 ani  
♀ Feminin  
📍 Chișinău  
💰 15 000 MDL

## Preferințe

- Full-time

## Limbi

- **Română** · Fluent
- **Rusă** · Fluent
- **Engleză** · Fluent
- **Germană** · Mediu

## Permis de conducere

Categoria: B

# English language specialist

## Despre mine

- Purposefulness
- Ability to find a common language and negotiate
- Organization
- Punctuality
- High efficiency
- Responsibility
- Energetic, friendly and positive
- Experience in a children's entertainment center as an administrator
- Reception experience
- PC user
- Social media user
- Stress resistance
- Purposefulness
- Responsibility
- Ability to find a common language and negotiate organization
- High efficiency
- Responsibility
- Easy learning of new skills
- Energetic, friendly and positive

## Experiența profesională

### Personal trainer · Flacara Fitness

August 2023 - Martie 2024 · 7 luni

- Identification of the client's needs in order to select and develop an individual training program
- Personal training sessions
- Helping clients achieve their goals
- Introductory training and briefings, which include consultations on the proper use of equipment, nutrition recommendations
- Functional group trainings

### Personal trainer · énergie Fitness Brooklands

*Noiembrie 2022 - Decembrie 2022 · 1 lună*

- Identification of the client's needs in order to select and develop an individual training program
- Personal training sessions
- Helping clients achieve their goals
- Introductory training and briefings, which include consultations on the proper use of equipment, nutrition recommendations
- Promotion of additional club services

**Site Administrator, Site Development Manager ·  
Artessa · Moscow**

*Martie 2020 - Februarie 2021 · 12 luni*

- Maintenance and development of the company's website, promotion
- Organization, preparation and participation in company photography
- Working with product cards

**Personal assistant to the head, office manager ·  
Proffmagic · Moscow**

*August 2019 - Februarie 2020 · 7 luni*

- The main tasks of the leader
- Reception of guests, distribution of information paperwork, mail, telephone,
- Relationship with other departments of the company
- Preparing the meeting room
- Company driver monitoring
- Work with documents

**Studii: Superioare**

**Aleco Russo**

*Absolvit în: 2007*

Facultatea: Факультет иностранных языков

Specialitatea: Переводчик, преподаватель

**Cursuri, training-uri**

**Graduate School of Fitness and Bodybuilding**

*Absolvit în 2021*

Organizator: Graduate School of Fitness and Bodybuilding